

### CACI ULTIMATE (SUBJECT TO AVAILABILITY)

The Caci Ultimate is the very first system to combine Microcurrent face and body toning, Crystal free orbital Microdermabrasion, LED photo therapy and High Frequency Stimulation. The Caci ultimate is truly the most versatile treatment system available.

#### CACI Ultimate Non Surgical Face Lift

Duration: **50 minutes** Price: **£45**

Using the latest and most advanced technology available the non surgical face lift uses micro current to help firm and tone the muscles of the face; This is a pain free treatment designed to help you fight the signs of ageing. It can also soften and smooth the appearance of lines and wrinkles. A course of 10-12 treatments is recommended, then maintenance once every 4-6 weeks.

Course of 10 treatments **£400**

Course of 5 treatments **£200**

Hydratone is also available within this facial for an additional £10

#### CACI Deluxe Non Surgical Face Lift

Duration: **1 hour** Price: **£55**

This treatment is the Caci Non Surgical Face Lift, using lifting tips filled with collagen serum and the wrinkle comb treatment (alternative to fillers)

#### CACI Ultimate Facial

Duration: **1 hour 15 minutes** Price: **£65**

This comprehensive treatment is the elite in anti ageing combining 4 treatments in 1. It's the non surgical face lift, using collagen filled lifting tips, the deep wrinkle treatment, the microdermabrasion and hydratone.

The Treatment deep cleanses the skin, lifts and tones the facial muscles, targets deep lines and wrinkles and finishes with the hydratone mask.

#### CACI Eye Lift - Duration: **25 minutes** Price: **£25**

A stimulating treatment using the micro current technology that will soften fine lines, reduce puffiness and enhance the natural beauty of your eyes.

#### CACI Microdermabrasion Facial

Duration: **45 minutes** Price: **£40**

This new exfoliation technique is known as orbital exfoliation for superficial or deep exfoliation of the epidermis. Using a controlled method the exfoliation removes imperfections & impurities. Results are visible after just one treatment. Your complexion is left clearer, smoother and more youthful. LED phototherapy, the Wrinkle comb therapy and the hydratone mask are all used during this treatment. This treatment can be had once a week, but a course of 10 is recommended, the maintenance once every 4-6 weeks.

#### CACI Express Skin Clearing Microdermabrasion Facial

Duration: **30 minutes** Price: **£30**

This is for problem skin, as it targets acne and blemished skin. It reduces the appearance of pigmentation. It uses the microdermabrasion and the light therapy to work on problem areas.

#### CACI Hydratone Express Facial

Duration: **20 minutes** Price: **£20**

The Hydratone mask combines active micro current rollers with a unique, electrically conductive gel mask that has been infused with powerful hydrating properties. (Collagen, Hyaluronic Acid, Vitamin C and Vitamin E) The rollers gently massage the face causing the mask to become charged so that the whole face is bathed with rejuvenating energy. You will notice instant results with the mask. You can also add this mask at the end of a CACI treatment.

#### **Microdermabrasion Pre-Treatment Advise**

- ✓ No sunbed or heat treatments 24-48 hours prior to microdermabrasion and for 5 days after.
- ✓ No exfoliation for 72 hours before a microdermabrasion and for 72 hours after.
- ✓ No make-up for 6 hours after treatment, unless mineral make-up. SPF 30 should be worn for 5 days following treatment.

# complete worx

beauty, health and relaxation



#### OPENING TIMES:

**Monday, Tuesday & Friday:** 9am – 6pm

**Thursday:** 9am – 7pm **Wednesday & Saturday:** 9am – 5pm

#### **Gift Vouchers**

A delightful gift to suit all occasions, these are available for purchase by treatment or in monetary amounts.

#### **Cancellation Policy:**

Please note that 24 hours notice of cancellation would be greatly appreciated. Cancellation within 24 hours may be subject to a cancellation fee.

#### **Valuables:**

Many treatments require the removal of jewellery, so please ensure you retrieve all valuables before leaving the premises, as we cannot be held responsible for any lost items.

7 Oakfield Road, East Wittering, PO20 8RP  
[www.completeworx.co.uk](http://www.completeworx.co.uk) Tel: 01243 671731

## GUINOT PARIS FACIAL CARE

Treatments from Guinot – A combination advanced scientific technology and the skills of a highly trained together leave your skin toned and glowing with health.

### Vitality Facial – Introduction to Facials

Duration: **30 minutes** Price: **£20**

This ideal introduction to Guinot products is a short but delightful treatment consisting of a cleanse, tone, facial massage mask and moisturise.

### Hydra Clean

Duration: **30 minutes** Price: **£25**

A unique treatment method for clear and radiant skin.

### Essential Facial

Duration: **60 minutes** Price: **£40**

Commencing with a short back massage this facial then moves onto a gentle cleansing & exfoliation. This is followed by a relaxing neck and facial massage to finishing with a refreshing mask and moisturiser to suit your skin.

### Aromatic - Duration: **45 minutes** Price: **£40**

The radiance treatment with essential oils.

### Hydra Peel – A superb renewing facial

Duration: **45 minutes** Price: **£45**

Reduces the signs of ageing, improves the complexion and reduces dark spots.

### Liftosome – For instant lifting and firming

Duration: **45 minutes** Price: **£50**

A treatment method that restores the face's youthful appearance by redefining it's shape & firming skin.

### Hydradermine

**A superior facial with an international reputation**

Duration: **1 Hour** Price: **£50**

This exclusive, patented treatment method provides spectacular results, stimulating cell activity & providing skin with a youthful appearance. An alternative to aesthetic medicine that acts instantly to reduce the signs of ageing. A personalised treatment tailored to meet beauty objectives.

### Body Relaxation Massage

Indian Head Massage	30 minutes	<b>£25</b>
Back, Neck & Shoulder Massage	30 minutes	<b>£25</b>
Half Body Massage	45 minutes	<b>£30</b>
Full Body Massage	55 minutes	<b>£38</b>
Aromatherapy Back, Neck & Shoulder Massage	30 minutes	<b>£25</b>
Aromatherapy Full Body Massage	55 minutes	<b>£40</b>
Hot Stones Massage	30 minutes	<b>£25</b>
Hot Stones Massage	60 minutes	<b>£45</b>

### Pregnancy Pampering

Duration: **1 Hour** Price: **£25**

This relaxing face and body treatment has been created especially for expectant mothers, which consists of exfoliation followed by a massage tailored to specific needs during pregnancy.

### Body Polish – For luminous, flawless skin all over

Duration: **30 minutes** Price: **£25**

An invigorating body scrub with relaxing full body massage, this treatment tones and rehydrates the skin leaving natural radiance.

### St Tropez – Ultimate air

A rich looking tan – without the harmful effects of the sun.

Classic, Dark & Express	Price	<b>£25</b>
Half Body	Price	<b>£12.50</b>
Face	Price	<b>£5</b>

### 'Jessica' Natural Nail Care

Manicure	30 minutes	<b>£20</b>
Mens Manicure	20 minutes	<b>£20</b>
Luxury Manicure	45 minutes	<b>£25</b>
Pedicure – (Flip Flops Required)	50 minutes	<b>£25</b>
Mens Pedicure	35 minutes	<b>£20</b>
Luxury Pedicure	1 hour	<b>£30</b>
Shape and Polish	15 minutes	<b>£10</b>
Child's Manicure or Pedicure – up to 11 yrs old	30 minutes	<b>£15</b>

### SNS

Overlay	Price	<b>£25</b>
Soak Off and Overlay	Price	<b>£30</b>
Overlay including Tips	Price	<b>£35</b>

### 'Gelish' – Weeks of long lasting colour!

Gelish	30 minutes	<b>£20</b>
Gelish – Pedicure	60 minutes	<b>£35</b>
Soak Off – In addition to new set	10 minutes	<b>£5</b>
Soak Off – Back to natural, Inc Nail Tidy	20 minutes	<b>£10</b>
Soak Off – Inc Nail Tidy and Varnish	30 Minutes	<b>£15</b>

### Acrylic Nails by OPI

Full set	1 hour	<b>£30</b>
In-Fills	1 hour	<b>£20</b>
Soak Off Tips	Up to 45 minutes	<b>£15</b>
Repairs	15 minutes per nail	<b>£5</b>
Overlays	1 hour	<b>£25</b>
Swarovski Crystals		from <b>£3</b>

### Waxing

Full Leg Wax	30 minutes	<b>£20</b>
¾ Leg Wax	25 minutes	<b>£16</b>
Upper ½ Leg Wax	20 minutes	<b>£16</b>
½ Leg Wax	20 minutes	<b>£13</b>
Brazilian / Hollywood	30 minutes	from <b>£20</b>
Standard Bikini	15 minutes	from <b>£10</b>
Underarm Wax	10 minutes	<b>£8</b>
Arm Wax	20 minutes	<b>£10</b>
Lip Wax	5 minutes	<b>£6</b>
Chin Wax	5 minutes	<b>£6</b>
Eyebrow Shape	5 minutes	<b>£7</b>
Back Wax or Chest Wax	20 minutes	<b>£15</b>

### TINTING (24 Hour Skin test required)

Eyelash tint	15 minutes	<b>£10</b>
Eyebrow	5 minutes	<b>£7</b>

### EYELASH EXTENSIONS

Full Lash Set	1 hour	<b>£40</b>
Infills	from 45 minutes	from <b>£25</b>
Cluster Party Lashes	30 minutes	<b>£25</b>

### EAR PIERCING (Under 16's require parental consent)

Ear piercing by Studex	<b>£15</b>
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### VERTICAL TANNING

**80p per minute**